



## Taking a Comprehensive Approach to Substance Abuse

- Dramatically expanded access to **Naloxone** especially for pharmacists & law enforcement
- Advance ongoing efforts to **prevent, treat, and respond** to opioid misuse
- Require providers to check the **Prescription Monitoring Program**

Drug overdose death rate in NM improved from **2nd** highest in the nation to **12th** in 2016

NM is one of only 2 states that has implemented all 6 key actions recommended by the National Safety Council to reduce prescription painkiller deaths



## Lowering Obesity Rates

- Monitor childhood obesity and identify at-risk populations, Increase public awareness, guide state & local prevention efforts
- **Healthy Kids Healthy Communities** works directly with local communities to **increase healthy eating** and **active living**

Rates of obesity among **3rd graders** have dropped by **12%** since 2010



## Lowering Teen Pregnancy Rates

- **Clinical services** include contraception, counseling & lab tests
- **Educational services** focus on service-learning, parent training, and community education and outreach

Since 2009, birth to teens in NM ages 15-17 have declined by **50%** and are now at their **lowest point** in many decades



## Fighting Tobacco Use

- Comprehensive, evidence-based approaches to promote **healthy lifestyles free from tobacco use and addiction**

Cigarette smoking among NM adults has declined **23%** since 2011  
In 2015, cigarette smoking among adolescents also declined to nearly **1 in 10**  
-- the **lowest rate** ever measured in the state