

# Aging & Long-Term Services

Improving Life for Older New Mexicans,  
People with Disabilities and Family Caregivers



From 2015 through 2030, New Mexico's 60 and older population is expected to grow 40% to more than 682,000 seniors



## COMBATING SENIOR HUNGER

- **29%** increase in addressing senior hunger through meals served at senior centers from FY16 to FY17
- Senior Centers around New Mexico served **3.9 million+ meals** including home deliveries to **52,068 elders** in FY17

New Mexico has the 38th-highest rate in the nation for **Senior Food Insecurity** according to America's Health Rankings



## HEALTHY AGING & INDEPENDENT LIVING

- **50,407 people** found life-improving community resources, benefits and insurance through the state's **Aging and Disability Resource Center (ADRC)** in FY17
- In FY 17, **145,461 older New Mexicans** received help to continue living **healthy, independent lives** through their senior centers and other local providers.



## SUPPORTING FAMILY CAREGIVERS

- New Mexico's family caregivers received **397,598 hours** of supportive services, including **in-home and adult day care & caregiver training** in FY17

Over **38,000** New Mexicans are living with Alzheimer's disease, and as many as 53,000 will have the disease in 2050.

Since 2014, the State Dementia Plan Leadership Team has made progress:

- **raising public awareness for Alzheimer's & Related Dementias**
- **supporting and empowering caregivers**
- **& expanding research opportunities in New Mexico**